Attach patient label here

Physician Orders PEDIATRIC: PED ENT Surgery Post Op and Discharge Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans
☐ Initiate Powerplan Phase
  Phase: PED ENT Surgery Post Op Phase, When to Initiate:_____________________
☐ Initiate Powerplan Phase
  Phase: PED ENT Discharge Orders Phase, When to Initiate:_____________________
R  Powerplan Open

PED ENT Surgery Post Op Phase
Admission/Transfer/Discharge
☐ Return Patient to Room
  T;N
  Comments: References and PACU discharge criteria are located on MOLLI.
☐ Transfer Pt within current facility
  T;N
  Comments: References and PACU discharge criteria are located on MOLLI.

Condition
☐ Condition
  T;N

Vital Signs
☐ Vital Signs
  Monitor and Record T,P,R,BP, post op

Activity
☐ Out Of Bed
  Up Ad Lib

Food/Nutrition
☐ NPO
  Start at: T
☐ Clear Liquid Diet
  Start at: T;N

Patient Care
☐ Advance Diet As Tolerated
  start clear liquids and advance to soft diet as tolerated.
☐ Daily Weights
  Routine, qEve
☐ Intake and Output
  q2h(std)
☐ IV Discontinue When Tolerating PO
  T;N
☐ IV Discontinue When Bag Complete
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☐ IV Discontinue
   *Routine, prior to discharge*

☐ Elevate Head Of Bed
   30 degrees

☐ Cold Apply
   *Neck, ICE Collar, Routine*

☐ Dressing Care
   *Routine, Action: Change, PRN, drip pad (DEF)*
   *Routine, Action: Reinforce Only, PRN*

☐ Trach Care
   *Routine, q-shift*

☐ Suction Set Up
   *Routine, Yankeur suction at bedside for patient use.*

☐ Suction Patient
   *q2h(std), PRN, Suction: Nasal (DEF)*
   *q2h(std), PRN, Suction: Oral*
   *q2h(std), PRN, Suction: Trach*

☐ Indwelling Urinary Catheter Care
   *indwelling urinary catheter to gravity*

☐ Indwelling Urinary Catheter Remove
   *Remove in AM*

☐ O2 Sat Monitoring NSG

☐ O2 Sat Spot Check-NSG
   *T;N, with vital signs*

☐ Cardiopulmonary Monitor
   *Routine, Monitor Type: CP Monitor*

☐ Discontinue CP Monitor
   *When ALL Criteria met: No NG-Tube, No PCA, No Chest Tube, No Sepsis Alert notified, PEWS of 0 and 24 hour post op.*

Nursing Communication
☐ Nursing Communication
   *T;N, encourage PO fluids*

Respiratory Care
☐ Oxygen Delivery (Ped)
   *Special Instructions: Titrate to keep O2 sat =/> 92%, wean to room air*

Continuous Infusion
☐ LR
   *1,000 mL, IV, Routine, mL/hr*
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- Sodium Chloride 0.9%
  - 1,000 mL, IV, Routine, mL/hr
- D5 1/4 NS KCl 20 mEq/L
  - 20 mEq / 1,000 mL, IV, Routine, mL/hr
- D5 1/2 NS KCl 20 mEq/L
  - 20 mEq / 1,000 mL, IV, mL/hr

**Medications**

- **+1 Hours** heparin flush
  - 5 mL, Ped Injectable, IV Push, prn, PRN Cath Clearance, Routine, Peripheral or central per nursing policy
- **+1 Hours** acetaminophen-codeine 120 mg-12 mg/5 mL oral liquid
  - 0.75 mg/kg, Liq, PO, q6h, PRN Pain, Routine, (for 5 day ), (5 mL = 12 mg codeine) Max Dose = 24 mg
- **+1 Hours** acetaminophen-codeine #3
  - 1 tab, Tab, PO, q6h, PRN Pain, Routine, (for 5 day ), (1 tab = 30mg codeine)
- **+1 Hours** acetaminophen-HYDROcodone 325 mg-7.5 mg/15 mL oral solution
  - 0.15 mg/kg, Elixir, PO, q6h, PRN Pain, Routine, (for 5 day ), (5 mL = 2.5 mg HYDROcodone), Max dose = 7.5mg
- **+1 Hours** acetaminophen-HYDROcodone 325 mg-5 mg oral tablet
  - 1 tab, Tab, PO, q4h, PRN Pain, Routine, (for 5 day ), (1 tab = 5 mg HYDROcodone), Max dose = 7.5 mg
- **+1 Hours** ondansetron
  - 0.1 mg/kg, Oral Susp, PO, q8h, PRN Nausea/Vomiting, Routine, Max dose = 4mg
- **+1 Hours** ondansetron
  - 4 mg, Orally Disintegrating Tab, PO, q8h, PRN Nausea/Vomiting, Routine
- **+1 Hours** ondansetron
  - 0.1 mg/kg, Ped Injectable, IV Push, q8h, PRN Nausea/Vomiting, Routine, Max dose = 4 mg

**Laboratory**

- CBC
  - Routine, T;N, once, Type: Blood
- BMP
  - Routine, T;N, once, Type: Blood

**Diagnostic Tests**

- Chest PA & Lateral
  - T;N, Routine, Wheelchair

**Consults/Notifications/Referrals**

- Notify Physician-Once
  - Notify For: of room number on arrival to unit
- Notify Physician-Continuing
  - Notify For: of O2 sat less than 90%, temperature 38.0 degrees or greater, nausea/vomiting, stridor,
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- Notify Physician-Continuing
- Notify Physician-Once
- Dietitian Consult/Nutrition Therapy
- Medical Social Work Consult

PED ENT Discharge Orders Phase

Admission/Transfer/Discharge

Use for 23 hour observation and inpatient discharges only (NOTE)*

Nursing Communication

☐ T;N, Place order for Discharge in am if patient is stable. Pt is stable when pain is controlled, has no bleeding, and able to tolerate PO liquids. (DEF)*

☐ T;N, Place order for Discharge in am after ____________.

☐ T;N, Call ____________ in am for Discharge order.

☐ T;N, Call ____________ for Discharge order at ____________ time.

Use for SDS discharges only (NOTE)*

Discharge When Meets Same Day Criteria

Condition

☐ Condition

☐ T;N, Stable

Patient Care

☐ DC All Lines

☐ T;N

☐ Instruct/Educate

☐ Instruct: Patient

☐ Discharge Instructions

☐ T;N, Activity: Up ad lib

☐ Discharge Instructions

☐ T;N, Activity: Resume normal activity after 24 hours

☐ Discharge Instructions

☐ T;N, Activity: no strenuous activity for 2 weeks

☐ Discharge Instructions

☐ T;N, Diet: Diet as tolerated

☐ Discharge Instructions

☐ T;N, Followup Appointments: Return to ENT Clinic in _____ weeks

☐ Discharge Instructions

☐ T;N, Followup Appointments: Return to ENT Clinic as needed for any problems

☐ Discharge Instructions

☐ T;N, Followup Appointments: Followup with Primary Care MD in ____ weeks.

☐ Discharge Instructions

☐ T;N, Followup Appointments: Followup with Dr. ______ in _____ weeks.
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- Discharge Instructions
  - T;N, Wound/Incision Care: Dressing Changes

- Discharge Instructions
  - T;N, Other Instructions: Notify MD for worsening condition including swelling, bleeding, drainage.

**PE Tubes and/or Adenoidectomy**

- Discharge Instructions
  - T;N, Other Instructions: Keep ears dry

- Discharge Instructions
  - T;N, Other Instructions: Use ear plugs or cotton ball with petroleum jelly when bathing, washing hair, or swimming

- Discharge Instructions
  - T;N, Other Instructions: Use ear drops as directed

- Discharge Instructions
  - T;N, Other Instructions: May have bloody drainage for 2-3 days and will gradually decrease

- Discharge Instructions
  - T;N, Other Instructions: May return to school tomorrow

- Discharge Instructions
  - T;N, Other Instructions: Call for puslike drainage, temperature greater than 102 degrees or concerns.

- Discharge Instructions
  - T;N, Other Instructions: Adenoidectomy: Will have bloody drainage from nose that will eventually decrease. DO NOT blow nose for 48 hours.

- Discharge Instructions
  - T;N, Other Instructions: Adenoidectomy: May return to school in 2-3 days.

- Discharge Instructions
  - T;N, Followup Appointments: Return to ENT Clinic in 6 weeks

- Discharge Instructions
  - T;N, Followup Appointments: Return to ENT Clinic as needed for any problems

**T&A**

- Discharge Instructions
  - T;N, Diet: Cool clear liquids today, soft diet for 2 days then advance

- Discharge Instructions
  - T;N, Diet: Avoid citrus or tomato products

- Discharge Instructions
  - T;N, Other Instructions: Do not use a straw for 48 hours

- Discharge Instructions
  - T;N, Diet: Encourage fluids, at least four 8 ounce servings/day

- Discharge Instructions
  - T;N, Other Instructions: Go to nearest ER for bright red bleeding or patient refusing to drink.

- Discharge Instructions
  - T;N, Other Instructions: Call doctor for temperature greater than 102 degrees or questions/concerns
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- Discharge Instructions
  T;N, Activity: No rough play or sports/PE X 2 weeks
  Comments: Child usually out of school for 1 week

- Discharge Instructions
  T;N, Followup Appointments: Return to ENT Clinic in 2 weeks

- Discharge Instructions
  T;N, Followup Appointments: Return to ENT Clinic as needed for any problems

**Tympanoplasty**

- Discharge Instructions
  T;N, Wound/Incision Care: Keep dressing/ear cup on until tomorrow

- Discharge Instructions
  T;N, Wound/Incision Care: Keep site/ear clean and dry until follow up; may wash hair over sink with assistance

- Discharge Instructions
  T;N, Wound/Incision Care: May change cotton ball as needed after cup removed

- Discharge Instructions
  T;N, Wound/Incision Care: Apply triple antibiotic ointment to incision 2-3 times daily

- Discharge Instructions
  T;N, Activity: No strenuous activity for 2 weeks or as otherwise directed
  Comments: No heavy lifting

- Discharge Instructions
  T;N, Other Instructions: Instruct patient to sneeze with mouth open

- Discharge Instructions
  T;N, Other Instructions: Call doctor for temperature greater than 102 degrees or questions/concerns

- Discharge Instructions
  T;N, Other Instructions: Use ear drops as directed

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R - Required order