PRIMARY CARE ISSUES IN WOMEN’S HEALTH

THE HOLIDAY INN – UNIVERSITY OF MEMPHIS

August 11-12, 2017
Memphis, Tennessee

Sponsored by
Methodist Le Bonheur Healthcare
Memphis, Tennessee

Register online at:
www.methodistmd.org
Course Description
The Primary Care Issues in Women’s Health conference is designed as an update and review on issues specifically related to the management of women’s health. Evidence-based lectures will be delivered by academically and clinically oriented faculty and will provide valuable information and insight into situations commonly presented to the primary care physician.

Target Audience
This conference is intended to enhance knowledge and improve competency for OB/GYN, family practice, internal medicine physicians, nurse practitioners, and other health care professionals who are involved in diagnosing, treating and preventing diseases in the female patient.

Educational Objectives
Upon completion of this conference attendees should be able to:

- Describe urological concerns commonly seen in the female patient.
- Describe risk factors, symptoms and treatment options for Venous Reflux Disease.
- Describe gender differences in diagnosis, management, and treatment of heart disease.
- Review current screening guidelines for breast disease.
- Define chronic pelvic pain, discuss epidemiology, differential diagnosis, evaluation and treatment options.
- Review incidence and prevalence of Sexually Transmitted Infections, appropriate laboratory testing and CDC guidelines.
- Discuss diagnosis and treatment options for depression and anxiety.
- Assess the various issues involved with a menopausal patient.
- Review updated guidelines for pap smears and describe medical management of the patient at risk for gynecologic cancer.
- Recognize the relationship between cancer and excessive weight gain.
- Review recent diabetes management recommendations, discuss available diabetes treatment options, and develop optimal patient-oriented diabetes treatment decisions in primary care.

Course Faculty
A. Ben Abdu, M.D., FACOG, Director, Minimally Invasive GYN Surgery; Assistant Professor Department of OB/GYN, University of Tennessee Health Science Center, Memphis, Tennessee
Kishore K. Arcot, M.D., FACC, F.S.C.A.I, F.S.V.M., RPVI, Active Staff, Methodist Healthcare; Private Practice, Memphis Cardiology and Vein Center, Memphis, Tennessee
Valerie L. Augustus, M.D., Private Practice, Christian Psychiatric Services, Memphis, Tennessee
Jennifer Boals, M.D., Associate Professor, Department of Radiology, University of Tennessee Health Science Center; Medical Director of Imaging, Margaret West Comprehensive Breast Center; Active Staff, Methodist Healthcare, Memphis, Tennessee
Ravi D. Chauhan, M.D., FACS, Active Staff, Methodist Healthcare; Private Practice, Conrad Pearson Clinic, Memphis, Tennessee
Jeffrey Gilbert, M.D., Medical Director STI’s, BioReference Laboratories, Elmwood Park, New Jersey
Frank W. Ling, M.D, FACOG, Clinical Professor, Departments of Obstetrics and Gynecology, Vanderbilt University School of Medicine and Meharry Medical College; Active Staff, Methodist Healthcare, Memphis, Tennessee
Joseph T. Santosso, M.D., FACOG, Director and Professor, Division of Gynecologic Oncology, Department of Obstetrics & Gynecology, University of Tennessee Health Science Center, Memphis, Tennessee
Lisa S. Usdan, M.D., FACE, Assistant Professor of Medicine, Division of Endocrinology, University of Tennessee Health Science Center; Active Staff, Methodist Le Bonheur Healthcare, Memphis, Tennessee
Lisa J. Young, M.D., Active Staff, Methodist Healthcare; Private Practice, Sutherland Cardiology Clinic, Memphis, Tennessee

Faculty Disclosure
As a provider accredited by ACCME, Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Accreditation
Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit
Methodist Le Bonheur Healthcare designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
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PROGRAM

FRIDAY, AUGUST 11, 2017
7:30 a.m. Registration and Continental Breakfast
7:55 a.m. Welcome and Opening Remarks . . . . . . . . . . Melrose I. Blackett, M.D.
8:00 a.m. Urology Concerns . . . . . . . . . . . . . . . . . . Ravi Chauhan, M.D.
9:00 a.m. Venous Reflux Disease . . . . . . . . . . . . . . . . . . Kishore Arcot, M.D.
10:15 a.m. Break
10:30 a.m. Chronic Pelvic Pain . . . . . . . . . . . . . . . . . A. Ben Abdu, M.D.
11:30 a.m. Lunch
12:15 p.m. Breast Disease Update . . . . . . . . . . . . Jennifer Boals, M.D.
1:15 p.m. Sexually Transmitted Infections . . . . . Jeffrey Gilbert, M.D.
2:15 p.m. Break
2:30 p.m. Heart Disease in Women . . . . . . . . . . . . . . Lisa Young, M.D.
3:30 p.m. Diagnosis and Treatment of Depression and Anxiety . . . . . . . . Valerie Augustus, M.D.
4:30 p.m. Adjourn

SATURDAY, AUGUST 12, 2017
Moderator: Melrose I. Blackett, M.D.
7:30 a.m. Continental Breakfast
8:00 a.m. Menopause: Facts and Fiction . . . . . . . . . . Frank Ling, M.D.
9:00 a.m. Gynecologic Updates in Primary Care . . Joseph Santoso, M.D.
10:00 a.m. Break
10:15 a.m. Obesity and Cancer . . . . . . . . . . . . . . . . Joseph Santoso, M.D.
11:15 a.m. Diabetes Update for the Primary Care Provider . . . . . . . . . . Lisa Usdan, M.D.
12:30 p.m. Adjourn

Program Registration
PRIMARY CARE ISSUES IN WOMEN’S HEALTH
August 11-12, 2017

Name: ____________________________________________ Degree ________________
Address:_____________________________________________
City, State, Zip: __________________________________________________________________
Phone: ( ) __________________________ Fax: ( ) __________________________
Specialty: ________________________________________________________________
Email: ________________________________________________________________

☐ I give my permission to CME to send educational activity announcements via e-mail.

The registration fee is $295.00 for attendees.
Register online at www.methodistmd.org or
You may mail, fax or telephone your completed registration form and tuition to: Continuing Medical Education
Methodist Le Bonheur Healthcare
251 S. Claybrook, #512 • Memphis, TN 38104
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Visit our website: www.methodistmd.org

Registration Fee
The registration fee is $295.00 and includes course material, continental breakfasts, breaks, and lunch for participants only. Written confirmation of your registration will be sent upon receipt of payment. Full refund will be given for cancellation notice in writing before July 28, 2017. Cancellations after that date will be assessed an administrative charge. No refunds will be given after August 3, 2017. Checks should be made payable to Methodist Le Bonheur Healthcare. American Express, Discover, MasterCard and VISA payment is accepted. For further information call 901-516-8933. Please note that Methodist Le Bonheur Healthcare reserves the right to alter program titles, speakers, or sessions if circumstances so dictate or the right to cancel or reschedule this seminar due to an insufficient number of registrants.

Going Green
Conference materials will be available electronically on August 9, 2017. After registering for the conference you will be given a link and password to access the materials. Feel free to download and print prior to the conference.

Conference Site
The Holiday Inn Hotel at the University of Memphis is centrally located in the heart of Memphis and easily accessible to downtown, the airport, and shopping. This all-suite hotel features a beautifully decorated atrium, Medallion Restaurant, Central Grill, Medallion Lounge, fitness center, and specialty gift shop. For more information visit www.holiday-inn.com/mem-uofm.

Hotel Information
Rooms at the Holiday Inn – University of Memphis, 3700 Central Avenue, Memphis, Tennessee, are being offered at $119.00. All rooms are subject to applicable taxes. To make room reservations participants should contact the Holiday Inn directly at 901-678-8200. Please advise that you are with METHODIST LE BONHEUR HEALTHCARE – WOMEN’S HEALTH PROGRAM. Reservations must be received by July 17, 2017.
Check-In/Check-Out: The hotel check-in is after 3:00 p.m. CST, and checkout time is before 12:00 noon CST.
Reservation Guarantee: Rooms are to be guaranteed for late arrival by attendee by individual credit card. No show reservations or reservations canceled after 6PM on day of scheduled arrival will be assessed a fee equal to one night’s room and tax.
Memphis Attractions

Please visit www.memphistravel.com for a list of attractions and details.